

OCTOBER 2011

www.lynnlake.ca

LYNN LAKE LIFE

The Sportfishing Capital of Manitoba



MANITOBA WATER SERVICES BOARD Chief of Operations Ray Foreman (right) and Project Engineer Nathan Wittmeier flank Deputy-Mayor Marilyn Hunt, Councillor Gunter Hildebrandt and Acting CAO, Administrative Assistant Sheila Dulewich, as they toast with a glass of crystal-clear water during a tour of the town's newly commissioned water treatment plant.

New Water Treatment Plant in service

Lynn Lake residents quickly realized the town's new state-of-the-art water treatment plant was in operation, Sept. 27, when they turned on their taps. As the day progressed, there was an unmistakable difference in the water's clarity.

And according to Manitoba Water Services Board Chief of Operations Ray Foreman, the town's water will continue to become brighter for the next few weeks.

The new system, manufactured by H2O Innovation, processes water from

West Lynn Lake, first through a preliminary filter and then an oxidizing processor in a renovated section of the original water works building.

From there, the water is piped into the new facility where it is filtered through a series of increasingly fine media filters, then a membrane. At this point, the water is crystal-clear.

Before leaving the plant, the water passes through ultraviolet treatment and is conditioned for optimum pH properties to minimize corrosion and scaling in the water mains and resi-

dents' plumbing.

Town Foreman Fred Magson, the water plant's operator, notes that the new system is equipped with a series of back-up equipment and automated programs to ensure both the quantity and quality of water in the community.

Town council and staff were provided a quick tour of the new waterworks system a day after its start-up.

The Sept. 27 system start-up marks the end of a long and arduous process that began as an initiative of Town Council in 2004.

MOUNTIES' MINDER**A message from members of the Lynn Lake Detachment****HALLOWEEN SAFETY TIPS FOR TRICK-OR-TREATERS**

1. Carry a flashlight so you can see where you are going.
2. Walk, don't run.
3. Stay on the sidewalk. If there is no sidewalk, walk on the left side of the road facing traffic.
4. Stay in familiar neighbourhoods.
5. Don't cut across yards or driveways.
6. Wear a watch you can read in the dark.
7. Make sure your costume doesn't drag on the ground so you don't trip.
8. Wear comfortable shoes, even if they don't go with your costume.
9. Wear makeup instead of a mask. This will allow you to see and be ware of everything going on around you while walking house to house.
10. It is safer to carry flexible knives, swords and other props.
11. Obey traffic signals and give right of way.
12. Wear clothing with reflective markings or tape.
13. Only approach houses that have the outside lights turned on.
14. Stay away from and don't pet animals you don't know.
15. Trick-or-treat in groups.
16. Never enter a stranger's home or car for a treat.

HALLOWEEN SAFETY TIPS FOR PARENTS

1. Ensure that your child eats dinner before setting out.
2. Discuss with your children what they should do to call home in case of emergency.
3. Ideally, young children of any age should be accom-

panied by an adult.

4. If your children go out on their own, be sure they wear a watch, preferably one that can be read in the dark.

5. If you buy a costume, look for one made of flame retardant material.

6. Older children should know where to reach you and when to be home.

7. Although tampering is rare, tell children to bring the candy home to be inspected before consuming anything. Look at the wrapping carefully and toss out anything that looks suspect.

8. Make sure your yard is clear of such things as ladders, hoses, dog leashes and flower pots that can trip the young ones.

9. Pets get frightened at Halloween. Put them inside to protect them from cars or inadvertently biting a trick-or-treater.

10. Battery-powered Jack-o'-lantern candles are preferable to a real flame.

11. Healthy food alternatives for trick-or-treaters include packages of low-fat crackers with cheese filing, single-serve boxes of cereal, packaged fruit rolls, mini boxes of raisins and single-serve packets of low-fat microwave popcorn.

12. Refrain from handing out treats that contain peanuts of peanut butter, as many children are allergic.



SUBMITTED BY:

CPL. DAVID TAGGART

LYNN LAKE RCMP DETACHMENT

LYNN LAKE

The *LYNN LAKE LIFE* monthly newsletter is produced free for community-wide distribution by the Economic Development Office of the Town of Lynn Lake. This newsletter aims to provide Town residents with both a source of information about what's going on around them, as well as a vehicle with which to inform their neighbours of upcoming events and other items of interest. This newsletter is not intended as means to fan the flames of controversy. Therefore the Community Economic Development Officer retains the right as Editor-in-Chief of *LYNN LAKE LIFE* to refuse any submissions perceived to fall short of the newsletter's mandate to deliver a positive message about life in this Northwestern Manitoba community.

Because of the monthly publication schedule, contributions must be forwarded well in advance of the promoted events, or as soon as the information of interest is available. Photos are welcome.

Please send your contribution to Erkki Pohjolainen as email to edo@lynnlake.ca, drop it off at the Town Office, 503 Sherritt Ave., or mail it to Lynn Lake Life, PO Box 100 Lynn Lake MB, R0B 0W0.

LYNN LAKE



Water meter installations to be done by December

With approximately 25 per cent of the installations now completed, the town-wide water-meter installation project is in full swing. The work is slated for completion by the end of November.

The Water Services Management Board has hired a contractor to install the water meters on all water system connections. This installation is a requirement of the funding put forth by the Province of Manitoba for the Lynn Lake Water Treatment Plant and is necessary for tracking Lynn Lake residents' water consumption. There is no fee for the installation.

The plumber will disconnect your present water supply to install the new water meter and meter-reading apparatus. The installation should take only a few hours to complete.

Property owners who have not yet arranged for the installation are asked to call the Town Office at 356-2418 at their earliest convenience to arrange for the work. If an appointment is not arranged, the installation will be completed at the contractor's convenience. The installation is mandatory and the contractor should be granted access to you dwelling.

Please call the Town Office if you require further information.

Former resident reflects on his 'beloved home town'

Wade Allison Dale, an on-line subscriber to *Lynn Lake Life*, reports he "had the privilege of growing up in Lynn Lake."

The son of Betty and Mervin Dale, Wade graduated from West Lynn Heights in 1975 and moved away shortly after. Now residing in Swan River, he remains interested in the goings on of his "beloved home town."

His father passed away 10 years ago from cancer and his mother now lives in a seniors home in Swan River. "Her memory is going but still talks about Lynn and the love and joys she felt there," Wade reports.

"My mother took great joy in writing poetry inspired by the beauty that surrounded her in Lynn Lake. She was a consist contributor to *The Lynn Lake Liar* and the *Northern Breeze*, both weekly newspaper from Lynn Lake during her life there."

Wade has the poems and stories his mother authored and is compiling the works in a book he titled, *Poems, From My Soul*.

"As I type each poem I remember the times, and what was happening in Lynn Lake," Wade writes. "Some times it takes time as I spend many hours crying. I would be more than happy to once again share them with the people and former members of Lynn Lake, if you are interested."

"Many old timers will remember of the winter of the battling poets – Short Fat Fellow vs. Short Fat and Mellow. My mother was Short Fat and Mellow.

"We never did find out who Short Fat Fellow was. Every week one would write a poem and the next week the other would answer with a poem. My mother must

have had more than 500 poems printed in the weekly papers."

Wade provided *Lynn Lake Life* with three of his mother's works, the first of which is presented here:

Beautiful Lynn Lake

*Time writes in mysterious ways
Who know, before its all written down
Some day this may be a city,
Where now there's just a town.*

*Now wouldn't you be proud
To see street cars whizzing by
And lots of traffic honking loud
And say we helped build it, You and I.*

*Oh! Sometimes this town gets boring
I wish for some place new
But it soon too, would be old
Then what would I do?*

*I could spend my whole life searching
For the things that cannot be,
And I would always be a loser,
For the best things in life are free.*

*So I climb the highest hilltop
And look down on the rivers and trees
Down at blue lakes in the distance,
And oh, it's a picture to please.*

*For I could go out and within hours
Be where very few men have trod
And there alone with nature,
Gather precious moments with God.*

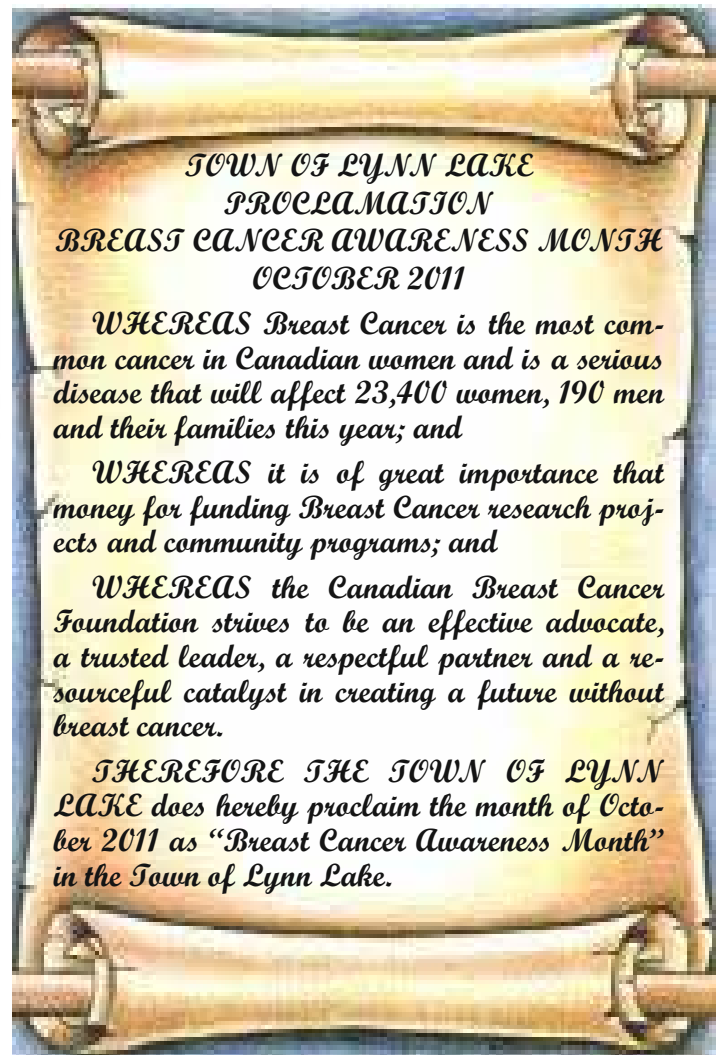
*Now when God made beautiful Lynn Lake,
He must have made it in the morn of the day,
For he made it by far the most beautiful,
With lovely shades of blue, green and gray.*

*So this is the end of my story
No more grumble or moan
We live in Lynn because we want to
And I'm proud to call it home.*

Reminder: Town council meets the second and fourth Tuesday of each month, unless those dates fall on holidays.

Keen to hear from members of the community, Council reminds residents that written submissions must be received at the Town Office by noon the Thursday prior to the meeting so that this material can be included in the information packages for Councillors to review over the weekend prior to the meeting.

To address council, residents are required to submit a brief letter identifying the matters they wish to address with council, along with a brief description of the subject. Delegations will be included on the agenda with a time to address Council.



Royal Canadian Legion

BRANCH 236,
LYNN LAKE
MANITOBA

AUTUMN TEA

The Royal Canadian Legion, Branch 236, Lynn Lake, is hosting a tea on October 22 from 2 p.m. to 4 p.m. at the Corner Pocket Hall, 467 Sherritt Ave.

In addition to the tea, the afternoon features a bake sale, a crafts table, the always popular Penny Parade and raffles.

Admission to the tea is \$3, which includes tea or coffee with a light lunch of sandwiches and sweets. Donations are greatly appreciated.

Proceeds from the two annual teas hosted by the Lynn Lake branch of the Royal Canadian Legion go toward community efforts and provide assistance where needed.



WHERE IN LYNN LAKE IS THIS a regular feature in *LYNN LAKE LIFE*. Submit your answer at Town Hall to enter a prize draw.

Did You Know: Minutes from past Town Council meetings, dating back to December 2010, are available on the Town's Website (www.lynnlake.ca). Simply click on the Local Government link in the banner and once there, click on Council Meetings on the left side of the page. Then, pick the meeting you want to read about. The Minutes are also available at the Town Hall in printed format.



Message from the Lynn Lake Hospital

“A Huge Bouquet to the Town of Lynn Lake for bringing us such beautiful clean, clear water – Thank you.”

vent the spread of colds and influenza (the flu). Plain soap works the best; you do not need antibacterial or expensive soap.

The best times to wash your hands are:

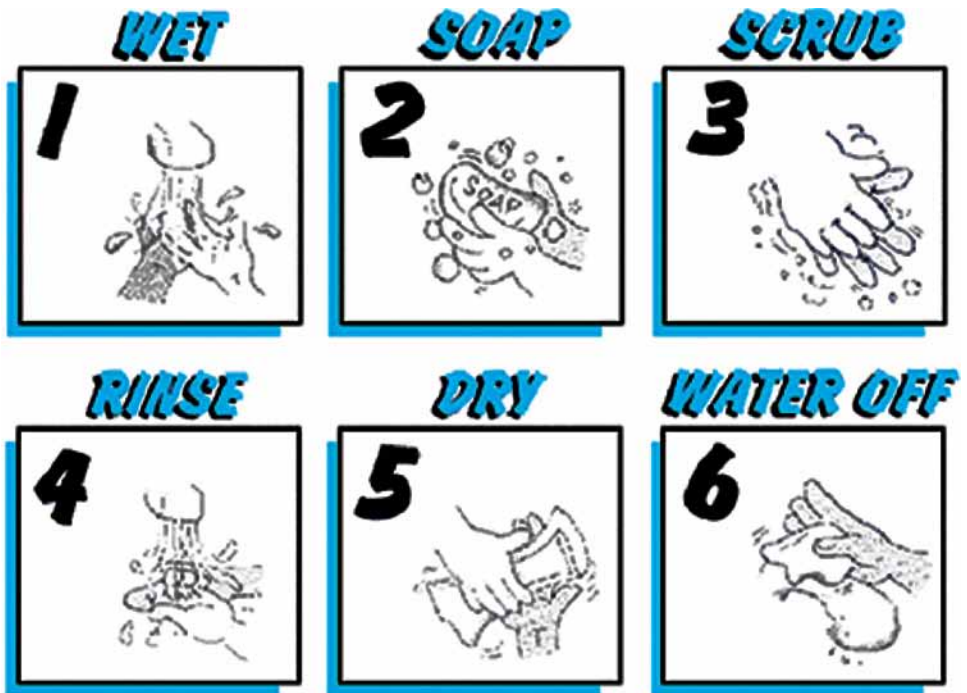
- Before you eat and after you

- eat.
- After you use the toilet.
- Before you cook.
- When you come home from school or work.
- When you come home from shopping or playing.

Did you know that hand washing is one of the best and simplest ways to stay healthy and prevent disease?

Even when we have a boil water advisory, washing your hands and body with soap and water and using a clean towel to dry will help keep you and your family healthy. Some people might think that the water can cause harm if you bath or wash with it, but that is not so. If you have a sore or a rash, washing with soap and water is the best way to prevent infection and the water does not have to be boiled before you do that. It is better to wash properly than to use ointments or creams to try to prevent infection.

Hand washing also works to pre-



THE Lynn Lake Friendship Centre

Box 460
Lynn Lake, MB
R0B 0W0
Phone: 204-356-2407
Fax: 204-356-8223
E-mail: lynnlfc@cancorn.net

Bingo

Every Wednesday at the Lynn Lake Friendship Centre Hall. Early Birds start at 7 p.m., regular games start at 7:10 p.m.

Hot Lunch Program

Hot lunches are provided to all school-aged children, free of charge, at noon on Mondays, Wednesdays and Fridays

Eagle Feather Youth Council Drop-in Centre

All youth are welcome from 4 p.m.

to 11 p.m. Mondays, Tuesday, Thursdays and Fridays

Fine Option & Community Service Program

Call Lillian Blundell at the Lynn Lake Friendship Centre, 356-2407, to arrange for employment under the Fine Option and Community Service Programs

Partners For Careers Program

Need assistance with your resume development, job search or interview skills? Contact Laura at the centre

Monday through Friday between 8:30 a.m. and 4:40 p.m.

Parent Child Centre Program

This program runs Monday through Friday from 4 p.m. to 6 p.m. for children and youth ages six to 12. Phone Jamie at 356-2407 for a detailed schedule.

To learn more about the Lynn Lake Friendships Centre and its activities and programs, please visit:

<http://www.mac.mb.ca/LynnL>



It's Flu Season Once Again!

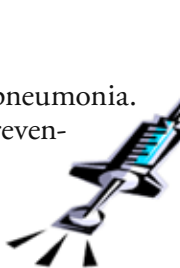
WHAT IS INFLUENZA?

Influenza is a serious, infectious, respiratory illness caused by the influenza virus. Flu season runs from winter to early spring (December through April). Common symptoms associated with the flu include:

- Sudden Fever
- Chills
- Head, neck, back or muscle aches
- Sore throat
- Cough or congestion
- Feeling weak & very tired.

WHY GET THE FLU VACCINE?

- Influenza can lead to various types of pneumonia.
- Flu vaccines are 70-80% effective in preventing a bout of influenza.
- If someone develops influenza after receiving the vaccine, it probably will be a mild case.
- The Flu can make heart problems or other chronic diseases worse.



MYTHS & FACTS

1. "The flu is just like a bad cold"

• Influenza is far more dangerous than a bad cold. It is a disease of the lungs that can lead to pneumonia.

2. "The shot can give you the flu"

• The flu vaccine is made from killed influenza viruses which cannot give you the flu.

3. "Even if I get a flu shot, I can still get the flu"

• This can happen, but the flu shot usually protects most people from the flu. However, the flu shot will not protect you from other viruses that can cause illnesses that sometimes feel like the flu.

4. "The vaccine is not 100% effective so I am better off getting the flu"

• No vaccine is 100% effective. However by getting the flu shot is lowers you chances from getting the flu and even if you still got the flu the symptoms would be far less than if you would have been without the protection.

Seasonal Flu 2011

All Manitobans are eligible for the seasonal flu vaccine at no charge. Immunization is especially important for those who are at increased risk of serious illness from the flu, their caregiver and close contacts.

This includes:

- Individuals age 65 or older
- Residents of personal care homes and long-term care facilities
- Children aged six months to four years
- Those with Chronic Illness
- Pregnant women
- Health care workers and first responders
- Individuals of Aboriginal ancestry
- People who are severely overweight or obese



Date	Time	Clinic Site
Oct. 26	1-4 p.m. and 6-8 p.m.	Lynn Lake Hospital
Nov. 8,	1-4 p.m. and 6-8 p.m.	Lynn Lake Hospital

WAIT TIMES SHOULD BE EXPECTED

Please Bring your Manitoba Health Card

For more information, contact your public health nurse, nursing station, doctor, pharmacist or Health Links toll free at 1-800-315-9257

For questions please call the Burntwood Regional Health Authority at 677-5350

Call for Expressions of Interest to develop affordable rental, co-op housing

Manitoba Housing wants to hear ideas, concepts, or specific proposals to create new affordable family rental or cooperative housing.



The Province is committed to adding 1,500 new affordable housing units by March 31, 2014 and to assist in achieving this goal and, as part of its long-term housing strategy and investment plan, HOMEWorks!, Manitoba Housing is offering financial assistance to fund the development of rental and cooperative housing affordable to low- and moderate-income families.

Manitoba Housing invites expressions of interest from proponents willing to partner in the development of affordable family rental and cooperative housing. Manitoba Housing will require ownership of the project and can fund up to 100 per cent of eligible project development costs.

Expressions of interest must be received at Manitoba Housing, Housing Delivery Branch, Main Floor – 280 Broadway, Winnipeg, MB R3C 0R8, no later than November 30, 2011, 4:30 p.m.

Submitted expressions of interest will be reviewed by Manitoba Housing to gauge the general viability of the proposed housing initiative and how it meets Manitoba Housing's mandate and strategic priorities. Further information on Manitoba Housing's HOMEWorks! strategy can be found online at http://www.gov.mb.ca/housing/pubs/homeworks_booklet.pdf. To inquire further about this request for expressions of interest, contact John Hoehn, Senior Planning and Program Analyst, at (204) 945-4985 or johnhoehn@gov.mb.ca

Once the initial review is complete, a request for detailed proposals will be extended to those proponents with whom Manitoba Housing wishes to further explore project development opportunities. The detailed proposals will be reviewed by Manitoba Housing with the intent to enter into an agreement for project development.

Accepted proponents may enter into a Sponsor Management Agreement with Manitoba Housing for post-construction property management of the project. Ownership of the project may be transferred to the proponent at the end of the project's mortgage amortization period, subject to adherence to the Sponsor Management Agreement.

The requested expressions of interest must target the development of family rental or cooperative housing accommodation that is affordable for low- to moderate-income households.

Eligible projects include permanent multiple-unit rental or cooperative housing projects which increase

Manitoba's existing rental/cooperative housing supply. Projects must be comprised of four units or more, and can be developed as new construction; conversion from non-residential to residential use; rehabilitation of vacant, derelict residential buildings; or any combination of these methods:

Projects must provide modest, self contained accommodation of suitable space and size to meet household needs and can be located anywhere in Manitoba, with the exception of recognized or designated First Nation communities. Eligible proponents include municipalities, private and public/municipal non-profit housing corporations, housing cooperatives and private developers.

All proposed project units must be leased at, or below, applicable median market rent levels and proponents are encouraged to incorporate a number of units intended for households that are eligible for social or public housing. RGI assistance is available from Manitoba Housing to help further decrease rents or cooperative housing charges so that they are affordable to lower-income households. The amount of such assistance will be dependent upon an approach that best serves the target population and which addresses community need.

Proponents are encouraged to develop their project ideas, concepts, or specific proposals so that they meet the needs of the respective community. Proposed projects may include a range of unit types, however, preference will be given to projects that include a higher proportion of larger units (i.e., three bedrooms and more) where appropriate. Manitoba Housing will not support the development of studio units, except in appropriately documented special circumstances.

In instances where projects are envisioned to include the provision of supportive services or programming related to the special needs of tenants, funding for such services must be obtained independently from Manitoba Housing. Clear evidence of such support will need to be provided prior to Manitoba Housing entering into a prospective development agreement.

All project units will need to be built to visitable design standards and preference will be given to responses that appropriately incorporate energy efficiency measures and accessible design criteria.

More information about this call for the expressions of interest is provided in a document entitled, *Request for Expressions of Interest to Develop Affordable Family Rental and Cooperative Housing: A Call to Housing Providers*. The Lynn Lake Economic Development Office can provide you with this document, along with a Frequently Asked Questions sheet. Call Erkki at the Town Office, 356-2418, for a copy.

Sunrise/sunset times for Lynn Lake October 2011

Motorists are reminded that they are required to have their lights on when driving from a half hour before sunset to a half hour after sunrise, while hunting is prohibited from half hour after sunset to half hour before sunrise. The following schedule for Lynn Lake can be found at www.sunrisesunset.com:

Oct.	Sunrise	Sunset
1	7:46 a.m.	7:22 p.m.
2	7:48 a.m.	7:19 p.m.
3	7:50 a.m.	7:17 p.m.
4	7:52 a.m.	7:14 p.m.
5	7:54 a.m.	7:11 p.m.
6	7:57 a.m.	7:09 p.m.
7	7:59 a.m.	7:06 p.m.
8	8:01 a.m.	7:03 p.m.
9	8:03 a.m.	7:01 p.m.
10	8:05 a.m.	6:58 p.m.
11	8:07 a.m.	6:55 p.m.
12	8:09 a.m.	6:53 p.m.
13	8:11 a.m.	6:50 p.m.
14	8:13 a.m.	6:47 p.m.
15	8:16 a.m.	6:45 p.m.
16	8:18 a.m.	6:42 p.m.
17	8:20 a.m.	6:40 p.m.
18	8:22 a.m.	6:37 p.m.
19	8:24 a.m.	6:35 p.m.
20	8:26 a.m.	6:32 p.m.
21	8:28 a.m.	6:30 p.m.
22	8:31 a.m.	6:27 p.m.
23	8:33 a.m.	6:25 p.m.
24	8:35 a.m.	6:22 p.m.
25	8:37 a.m.	6:20 p.m.
26	8:39 a.m.	6:17 p.m.
27	8:42 a.m.	6:15 p.m.
28	8:44 a.m.	6:12 p.m.
29	8:46 a.m.	6:10 p.m.
30	8:48 a.m.	6:08 p.m.
31	8:50 a.m.	6:05 p.m.



Fire Prevention Canada

Working with the private and public sectors to achieve fire safety through education

Fire Escape



Practice your fire escape plan with your family. Memorize the emergency number in your area. Practice responding calmly and correctly.

Plan your escape now

In case of a real fire



Maintain your smoke alarms



Call out to others



Family discussion



Get out **fast**, closing doors behind you
Use stairs, not the elevator



Practice often



Call for help from a neighbor's home
Never go back inside a burning house

(Reproduced with permission from the Alberta Fire Commissioner's Office)



Fire Prevention Canada



Working with the private and public sectors to achieve fire safety through education.